

Please note that some management, team members, and their families will be staying at The Village during a storm to assure that all services can continue if the roadways become hard to navigate and get to work. Due to this, common area rooms will be designated for use by staff and their families.

The Chapel is on our back-up generator and will be used as a safe haven and congregation area.

When a storm is imminent, please make the following preparations:

- Remove objects from your porch. ALL items must be removed and stored in your apartment if a hurricane is imminent. Small objects should be moved by the resident. For larger items, contact Plant Operations, ext. 1780, as soon as possible and staff will come around to assist you with this process.
- Turn the refrigerator and freezer to the coldest setting and keep them closed as much as possible so that food will last longer if the power goes out.
- IL residents should notify the IL Nurse Manager, ext. 1734, if they are on oxygen or have medication that needs to be refrigerated. This will allow us to accommodate you in case there is a power outage.
- If applicable, fill your car’s gas tank.

Please have the following supplies/items on hand in your apartment:

- **Food** - non-perishable, easy-to-prepare items (two-week supply). Non-perishable food items such as canned fruit, fruit juices, canned soups, canned vegetables, cheese, crackers, beverages (powdered or canned fruit juices, instant coffee, and tea), etc. Include items that are palatable cold or hot.
- **Manual can opener**
- **Water** - one gallon per person, per day. If the electricity goes off, water service would be cut off to your apartment. You may wish to sterilize your own jugs, bottles, cooking utensils, etc., and fill with drinking water if it looks likely that the storm will hit this area. Sinks and tubs can be filled with water for non-potable use (washing, cleaning, etc.). Gallon jugs of water are available for purchase at the Village Café & Bakery (there is limited day-to-day supply due to storage limitations in the Café. Stock up before a hurricane is imminent).
- **Flashlight and/or other emergency lights** - (Use of candles or kerosene lamps is prohibited. However, battery operated flameless candles and lanterns are permissible.)
- **Battery-powered or hand-crank radio** - NOAA Weather Radio, if possible

- **Extra batteries** - (St. Mark Village cannot supply batteries to residents).
- **First aid kit**
- **Medications** - (14-day supply).
- **Medical items**
- **Reusable ice packs**
- **Sanitation and personal hygiene items**
- **Copies of personal documents placed in sealed plastic bag(s)** - medication list and pertinent medical information, proof of address, passports, birth certificates, insurance policies.
- **Fully-charged cell phone with charger**
- **Family and emergency contact information**
- **Extra cash** - (ATMs might be inoperable). For your convenience, the check cashing amount in the Administration Office will be increased to \$100 when a storm is imminent.
- **Depending on your needs, you may need to include** - medical-care items, oxygen canisters, and pet supplies.

We hope all disaster planning is never needed and just a good exercise; however, we ask you to work with us to plan for your safety and that of others.



**IL RESIDENT
EMERGENCY
PREPAREDNESS
INFORMATION**

June 1 - November 30, 2023



**ST. MARK
VILLAGE**

2655 Nebraska Ave.
Palm Harbor, FL 34684
727-785-2580
StMarkVillage.org

EMERGENCY PREPAREDNESS

"TO-GO" BAG/BACKPACK

It has been several years since hurricane Irma threatened a direct hit to our area. The Tampa Bay area was fortunate to have been spared the devastating effects of Irma. We pray this luck continues and we are spared from any storms in the future. Nonetheless, we would like to help you prepare so we can better work together to be sure everyone is prepared. If you need help to prepare, please let Resident Services know at ext. 1705 and someone will assist you.

To help you prepare, we ask you to consider having a **"To-Go" Backpack** which allows hands free carrying. Pack your **"To-Go"** kit to meet your needs and please consider including:

- **Medications** - we recommend two weeks' worth in case your pharmacy is impacted (especially for those of you with medications that are mailed).
- **Water** - Two to four 16 oz. water bottles to take medications with.
- **Food** - Non-perishable food for taking with medications or quick snack food such as packaged peanut butter or cheese crackers (put in a sealed plastic bag in case you do not eat all at one

time), also consider dried fruit, granola bars, hard candy, etc.

- **Important health information** - (such as medication lists, Physician name/#, Emergency contact name/#, Advanced Directives (Living Will, Health Care Surrogate, Power of Attorney, etc.).
- **Legal papers**
- **Extra pair of glasses** - (if you have).
- **Flashlight** - with replacement batteries (Plant Operations cannot provide).
- **Medical equipment** - needed for everyday living such as blood sugar monitoring, needles, lancets (to poke for blood), strips (to collect blood), batteries for machine, test strips, etc.
- **Personal hygiene/comfort items** - such as your toothbrush, toothpaste, denture cup/cleaner, incontinent pads, a few pairs of underwear, socks, etc.
- **Cash** - Plan on having travel money since ATMs may not be accessible or work if the electric is out.



Then anything else you can fit in your **"To-Go" Bag** that is important to you (please remember this is for emergencies).

Please label your **"To-Go" Bag** with your name and apartment number. Like they say at the airport baggage claim, "many bags look alike".

In case your water bottle opens up, we suggest that important papers, and all **"To-Go" Bag** items that can be damaged with water, be placed in sealed plastic bags before they go in your **"To-Go" Bag**.

Practice carrying your bag or having it ready for team members to help you, but it's best if you can carry it on your back. Last, remember to stay calm to avoid injury from rushing.

PREPARING YOUR APARTMENT

As well as having a **"To-Go" Bag**, you should also make preparations in your apartment when a hurricane is imminent. Refer to the **Storm/Hurricane Evacuation Procedure** in the Resident's Manual for more detailed information.

St. Mark Village is positioned on land that is approximately 75 feet above sea level. This is more than enough to protect us from the danger of a storm surge. Nonetheless, almost any storm surge could cut us off from many places because the area's road

network could be flooded, washed out, or blocked by debris. Safe as we are from storm surge, we must not overlook heavy rains which may affect the local area. It is very unlikely that we would ever need to evacuate our building because of high winds. Still, it is good to be prepared with an evacuation plan.

Stay tuned to your radio or TV for the emergency national weather service broadcasts. Check channel 732 (you must punch in this number on the remote to access this channel), *The Lively Mark*, and floor bulletin boards for information relative to St. Mark Village. If the order should be given to evacuate our building, Village team members will assist and direct everyone according to our evacuation plan or the instructions given by the local Emergency Management office.

Steer clear of windows. Don't stand near windows during a storm, and keep your curtains drawn. Please remember if we were to experience high winds that the safest place in your apartment is your bathroom or in the hallway.

This is your home and you are welcome to have guests stay in your apartment as always, **however they will need to register with Administration and bring their own food, water, and supplies for use during the storm.** (Continued)