



COVID-19 Vaccinations

Walgreens Pharmacy will be here at St. Mark Village on Tuesday, January 19, to administer COVID-19 vaccinations to IL Residents who wish to receive it. The vaccinations will be scheduled by floor. Please watch your mailboxes, channel 732, and next week's issue of *The Lively Mark* for more detailed information on these vaccinations.

St. Mark Village, Inc. Membership

As a not-for-profit company, St. Mark Village, Inc. does not have stock holders but it does have members. To be a member of St. Mark Village, Inc. one must be a member of St. Mark Lutheran Church or a Life Care Resident of St. Mark Village. It is not necessary as a Resident to become a member, but if you wish to attend the Annual Meeting on Tuesday, January 26, 2021, at 4:00 p.m., you must be registered as a member. Corporate Membership forms are available in the Administration Office and need to be completed by Tuesday, January 12, 2021, so you will be included when notices go out.

Criteria for a Resident on St. Mark Village's Board of Directors

Voting will take place at the Annual Meeting on Tuesday, January 26, and all Members of St. Mark Village, Inc., will receive a written invitation to attend the meeting. If you are a Member and don't receive your invitation by Monday, January 18, please contact the Administration Office. —Kathy Y.

Laundry Room Etiquette

It is requested that each Resident (including Resident aides/companions) stay in the Laundry Room during the washing and drying cycle.

If this is not possible, please check on the wash frequently and leave a sticky note/name magnet indicating your apartment number on the washer or dryer so you can be contacted if the cycle completes while someone is waiting on the machine.

As a courteous gesture to other Residents wishing to use the laundry facilities, it is requested that clothes be removed from machines as quickly as possible. Please do not place rugs with rubber backing in the dryers. Please clean all filters after each use.

If you need assistance, please contact the Operator who will notify Security in the event that clothing is left in a machine unattended.

The New Normal

Masks should be worn at all times outside your apartment except when you are seated in the Dining Room or Village Café.

Please be advised when you are attending any activity in the Chapel the pews are marked with social distancing decals in the pews to designate where to sit.

Visit <https://baycare.org/coronavirus> for valuable information including an online screening tool; patient education; and updates on the virus.

Thank you for all you do to make St. Mark Village so special. Change is hard but we need to change to become all that we can be.

THE Lively Mark

For the Residents of St. Mark Village

Doug Fresh, CEO

Jeff Gordard, COO

Matt Fresh, IL Administrator

Editor: Ellen Wade

Layout and Design: Marlene Di Maria

Layout and Design: Tina Glandis



Thank you to all Residents who participated in un-decorating the Village. We really appreciate your help!

Experiencing COVID-19 Symptoms?

In our continuing efforts to reduce the possibility of spreading the Coronavirus, we ask that any Resident experiencing the following symptoms stay in their apartment and self isolate:

- Headache
- Shortness of breath
- Diarrhea
- Sore Throat
- Fever
- Muscle Pain
- Chills
- Repeated shaking w/chills
- Cough
- New loss of taste or smell.

Residents in common areas exhibiting these symptoms will be asked to return to their apartment. Notify your doctor of your symptoms as well as Karla Lindeen, Resident Services Director at ext. 1118. While self-isolating, Resident Services will assist with mail delivery, etc. Contact the Dining Room, ext. 1737, for meal delivery arrangements. Thank you for your cooperation.

The Sanders of SMV

Come to the Hobby Room on Wednesday, January 13, from 1:00 p.m. to 2:00 p.m. to help sand toys for *The Toy Makers of East Lake*. Sanding can be a great way to meet new friends and help out with a worthy cause! You'll be putting a smile on a child's face one toy at a time. Please wear your mask and be prepared to social distance while attending this activity.

Resident Birthdays

Evelyn M.	January 11
Charles M.	January 13
Harold W.	January 13
Pat N.	January 14
Carol M.	January 15
Gloria M.	January 16
Dan W.	January 16



Of winter's lifeless world each tree
Now seems a perfect part;
Yet each one holds summer's secret
Deep down within its heart.

—Charles G. Stater

Midweek Movie

The Midweek Movie for Wednesday, January 13, is *My Cousin Rachel*.

Philip, an orphan, was taken in and brought up by his cousin Ambrose, a Devon landowner he loves like a father. Ambrose, who has been advised by his physician to move to a warmer climate, leaves for Tuscany. There he meets and marries Rachel, a half-Italian cousin of his. After an idyllic outset, the situation deteriorates. Shortly before his death, Ambrose manages to alert Philip: his wife is killing him slowly. Willing to sort out the truth, Philip goes to Ambrose's place but he does not find Rachel, who has gone away. Instead he meets Rainaldi, her friend and lawyer, who does not inspire him with confidence. He returns to his estate, persuaded that Rachel is evil and is the direct cause of Ambrose's death. Some time later, Rachel announces her coming. Determined to welcome her coolly, he is stunned to discover a woman not only beautiful but elegant, intelligent and sensitive. Instead of strangling her like he said he would, he falls in love. Madly.

This 2017 Romance/Mystery is 1 hour and 46 minutes long and will be shown at 11:00 a.m. and 6:30 p.m. in the Chapel. This DVD will compliment the Book Review that took place on Friday, January 8. **Rated PG-13** for some language and sexual references.

Private Communion

Anyone who desires to have private communion is asked to please contact Pastor Bill at ext. 1798 to set up a time.

Choice Hearing Solutions

Come to the Hobby Room on Tuesday, January 12, at 9:30 a.m. for a Hearing Clinic from *Choice Hearing Solutions*. Please sign-up on Monday, January 11, in front of the Library. On the day of the clinic, please wait in the South Hall while social distancing until your name is called. You will be called into the Hobby Room one at a time. You must wear a face mask and have your temperature taken at the door before entry. Please come only at your appointment time. Limited ear wax removal service at this time. Individual consultations and in-home hearing testing available—call 576-6160 to schedule.

Girl Scout Cookies

Girl Scout Troop #1114 will be taking orders for Girl Scout Cookies from Monday, January 11, through Friday, January 29. You can place your order in the Hobby Room with Ellen. Distribution day will be after Wednesday, February 17, in the Hobby Room—watch for more information in upcoming issues of *The Lively Mark*. The cookie choices are \$5 a box and are as follows: Thin Mints, Samoa's, Tag-a-Longs (peanut butter), Trefoils (shortbread), Do-Si-Dos (peanut butter sandwich), Lemon-ups (lemon drop cookie), and gluten free Toffee Tastic which are \$6 a box and Smores which are \$6 a box. You can pay by cash on the day of distribution or when you place your order.

COVID-19 Support Group

Please join Resident Services Director Karla Lindeen, CMC, as she facilitates the next COVID-19 Support Group on Friday, January 15, at 1:00 p.m. in the Bishop Club Room. All are welcome.

Men's Breakfast Club

All men are invited to meet and hear Deborah Redfield at our Men's Breakfast this Tuesday, January 12th. We'll gather in the Banquet Room at 8:00 a.m. Your delicious breakfast will only cost you \$4.

Deborah is in charge of the Take Stock program at Palm Harbor University High School. This is a very interesting mentoring program. Deborah has been mentoring for 11 years, first working in the Family/Community department at Richard O. Jacobson Tech High in Seminole before joining the staff at Palm Harbor.

Come and join us and enjoy good fellowship, a great breakfast, and maybe a joke or two from Klaus. Don't forget to sign up on the first floor bulletin board to secure your seat as we are limited to 24 seats. And, don't forget to wear your mask.

—Russ Z.

Monday Morning Menu Chat

Each Monday (*excluding the 1st Monday of the month*) at 10:00 a.m. in the Dining Room, Huseyin Isguzar, Chief Culinary Officer, will meet with you to discuss last week's menus and what special requests you might have for the coming weeks. The next Monday Morning Menu Chat will be held on Monday, January 11.

Armchair Travel to the Great Smoky Mountains

Sit back, relax, and travel to the Great Smoky Mountains on Monday, January 11, at 6:30 p.m. in the Chapel.

The Great Smoky Mountains National Park rests in the geographic province known as the Blue Ridge Mountains, named for their distinctive blue appearance when seen from a distance. The park covers over 500,000 acres of breath-taking beauty, filled with lush highland meadows, glorious waterfalls, pristine mountain streams, the highest mountain tops in the Appalachians and, to crown it all, it encompasses one of the most biologically diverse ecosystems in the world.

This 2012 travelogue is 1 hour and 16 minutes long and will be shown at 6:30 p.m. in the Chapel.

Vote Pinellas

Resident, Barbara R. will answer questions about voting or register anyone who wants to vote in the Hobby Room from 11:00 a.m. to 12:00 noon on Wednesday, January 20. Please wear a mask and practice social distancing.

Are you a registered voter? If you are not a registered voter or haven't voted in a long time, you may want to register. You must be a U.S. citizen, and a Florida resident.

Would you like to vote by mail? Vote-by-mail refers to: voting via ballot received by mail; or picked up by (or for) a voter—instead of going to the polls to vote during early voting period or Election Day. Except on Election Day, no excuse is needed to vote using a vote-by-mail ballot. Unless otherwise specified, a request to receive a vote-by-mail ballot covers all elections through the end of the calendar year. A vote-by-mail ballot that is returned undeliverable cancels a request for future elections and must be renewed. Any questions? Contact Barbara at ext. 8423.

Brew me a cup for a winter's night.
For the wind howls loud and the
furies fight;
Spice it with love and stir it with care,
And I'll toast our bright eyes,
my sweetheart fair.

—Minna Thomas Antrim



The first question which the priest and the Levite asked was: "If I stop to help this man, what will happen to me?" But... the good Samaritan reversed the question: "If I do not stop to help this man, what will happen to him?" —Martin Luther King, Jr.

Royalty Fine Jewelers

On Monday, January 18, *Royalty Fine Jewelers* will be in the South Hall from 10:00 a.m. until 2:00 p.m. to run a jewelry repair clinic. With more than 40 years of experience and a 3rd generation jeweler, Andy Haro, Vice President and Master Jeweler of *Royalty Fine Jewelers*, says there's really nothing he can't do with jewelry. Andy started manufacturing jewelry at the young age of eight in the country of Turkey. As he progressed in manufacturing, he grew to the wholesale part of the business by selling/trading diamonds. In 1996 Andy opened up his first retail location in New York. Andy then moved to Florida and provided retail service in Largo for 18 years. Now located in Palm Harbor, Andy and his wife Eileen are here to provide outstanding service in the community. Fine jewelry, jewelry repair, and custom jewelry are just some of the areas they strive in.

In order to make this service run smoothly, be sure to take a number. Andy will collect your items for repair, bring them to his shop across the street, do the repairs, and then bring back the items. Some repairs will not be simple ones and Andy will let you know if it cannot be repaired the same day.

Monday Night Movie: Fame

Join us on Monday, January 18, at 6:30 p.m. in the Chapel to see *Fame* starring Charles Dutton, Debbie Allen, Bebe Neuwirth, Kelsey Grammer, and Megan Mullally.

Passions will be tested. Hearts will be broken. Talent, dedication, and hard work will triumph! *Fame* is the inspiring story of a group of singers, dancers, musicians, and actors at the New York City High School of the Performing Arts and their spirited drive to live out their dreams of stardom. In an incredibly competitive atmosphere, each student must shine amidst the tumult of schoolwork, deep friendships, budding romance and self-discovery.

This 2009 Musical/Drama is 2 hours and 15 minutes long and will be shown at 6:30 p.m. in the Chapel. **Rated PG** for thematic material including teen drinking, a sexual situation and language.

Team Member Anniversaries

At the beginning of each month we will list our Team Member's Anniversaries. We thank the following members of the St. Mark Village Team for their fine work and dedication:

<i>Employee Name, Department</i>	<i>Years of Service</i>
Tony Uzzo, <i>Culinary Services</i>	27
Kristine Sheridan, <i>Culinary Services</i>	22
Maria Luczak, <i>Health Care</i>	10
Shannon Roberto, <i>Marketing</i>	8
Debra Swigart, <i>Health Care</i>	8
Jane Hester, <i>Culinary Services</i>	7
Mindy Lane, <i>Health Care</i>	7
Jorge Bernardo, <i>Culinary Services</i>	6
Vickie King, <i>Resident Services</i>	6
Anaibys Cruz, <i>Plant Operations</i>	5
Melissa Tucker, <i>Health Care</i>	5
Connie Golbach, <i>Rehabilitation Services</i>	3
Lori Yauch, <i>Rehabilitation Services</i>	3
Theresa Curry, <i>Health Care</i>	1
Nahima Johnson, <i>Rehabilitation Services</i>	1
Karen Emerle, <i>Health Care</i>	1

News from the Greeting Card Corner

A nice selection of Valentines are now available in our St. Mark Village Card Shop, located in our wonderful Library.

The Greeting Card Corner is open from 1:00 p.m. to 3:00 p.m. every Monday, Wednesday, and Friday afternoons. —Glenna B., Card Shop Manager

Wheelchair Doctor with Mobility Express

On Wednesday, January 20, from 10:00 a.m. to 11:00 a.m. a representative from *Mobility Express* will be here to evaluate scooters, power chairs, walkers and more. Some repairs will incur a charge and the representative will let you know. There will be a sign-up sheet posted on the bulletin board and you will be called in one at a time and must be wearing a mask. They can do minor walker repairs and do not bill insurance, they are a private pay operation. We are trying them out to see if they will be a good fit for us. If you have an issue in between visits they do charge \$95 for the service call; however, if you come the day of clinic there is no charge.



The time is always right
to do what is right.
—Martin Luther King, Jr.



Socially Distanced Organ Music

Dick R. will play organ music on Tuesday, January 12, from 6:30 p.m. to 7:00 p.m. in the Elevator Lobby. Indulge in an evening of musical enjoyment! Please wear your mask and be prepared to social distance while attending this event.

Lost & Found

The following item was found and turned in to the Administration Office last week.

Book; "Every Breath" by Nicholas Sparks

If you believe this item may be yours, please stop by the office to identify it.

Calendar of Events

Sunday, January 10, 2021

- 10:00 Worship Service - Chapel
Baptism of our Lord
First Sunday After Epiphany
Mark 1:4-11
Revelation of Christ of God's servant
 —Pr. Bill Magee
- 6:30 Village Movie - Chapel

Monday, January 11, 2021

- Girl Scout Cookies for sale in the Hobby Room*
- 9:00 Mindful Meditation & Breathing-Wellness Ctr
 9:30 Move With Melanie - Channel 732
 10:00 Monday Morning Menu Chat - Dining Room
 10:30 Cornhole - South Hall
 11:00 Sit & Be Fit - Wellness Center
 1:00 Greeting Card Corner until 3 - Library
 1:00 Wellness Checks with the Resident Nurse til 2
 1:30 Move With Melanie - Channel 732
 1:30 Trivial Pursuit - Chapel
 3:30 Vespers/Prayer Group - Chapel
 6:30 Armchair Travel - Chapel

Tuesday, January 12, 2021

- Registration for Corporate Membership Ends*
Girl Scout Cookies for sale in the Hobby Room
- 7:00 BayCare Lab Services until 8 - 2nd FL Wellness
 8:00 Men's Breakfast Club - Banquet Room

(continued next column)



Kundun

★ ★ ★ ½

Fri. 1/8; Sat. 1/9; Sun. 1/10* 6:30 p.m.
 Saturday Matinee, 1/9* 1:00 p.m.

Director: Martin Scorsese.

Cast: Tenzin Thuthob Tsarong, Gyurme Tethong, Tulku Jamyang, Kunga Tenzin.

Martin Scorsese directs this biopic about the life of the Dalai Lama, detailing his escape during the Chinese invasion, meetings with Chairman Mao and eventual exile in India, vividly depicted with Oscar-nominated cinematography by Roger Deakins. Starring Tenzin Thuthob Tsarong, a grandnephew of the Dalai Lama, the movie was shot with a cast of unknowns in Morocco when film crews were forbidden to enter Tibet. Drama. 1997; 2 hours, 15 minutes.

Rated PG-13 for violent images.

*Closed caption programming if available.
 Star ratings (4 star scale) from *RogerEbert.com*

Tuesday, January 12, 2021 (concluded from previous column)

- 9:30 Choice Hearing Solutions-Hby Rm
 9:30 Move With Melanie - Channel 732
 10:00 Sit & Be Fit - Wellness Center
 10:30 Bible Study - Bishop Club Room
 10:30 Needlers & Hookers until 12 - 3rd Floor Lng
 11:00 Chair Aerobics - Wellness Center
 1:00 Wellness Checks with the Resident Nurse til 2
 1:30 Move With Melanie - Channel 732
 6:30 Dominoes - 5th Floor Lounge
 6:30 Organ Music by Dick R. - Elevator Lby
 7:00 Socially Distanced BINGO - Bishop Club Rm

Wednesday, January 13, 2021

- Girl Scout Cookies for sale in the Hobby Room*
- 9:00 Simply Stretch - Wellness Center
 9:30 Move With Melanie - Channel 732
 10:00 Balanced & Strong - Wellness Center
 11:00 Chair Pilates - Wellness Center
 11:00 Midweek Movie Matinee - Chapel
 1:00 Foot Fitness - Wellness Center

(continued on page 6)

Wednesday, January 13, 2021 (concluded from pg 5)

- 1:00 Greeting Card Corner until 3 - Library
- 1:00 The Sanders of SMV - Hobby Room
- 1:00 Wellness Checks with the Resident Nurse til 2
- 1:30 Move With Melanie - Channel 732
- 6:30 Midweek Movie - Chapel

Thursday, January 14, 2021

Girl Scout Cookies for sale in the Hobby Room

- 9:30 Move With Melanie - Channel 732
- 10:00 Sit & Be Fit - Wellness Center
- 11:00 Balanced & Strong - Wellness Center
- 12:45 Sunday Choir Chorus Practice - Chapel
- 1:00 Chair Yoga - Wellness Center
- 1:00 Pinochle - 3rd Floor Lounge
- 1:00 Wellness Checks with the Resident Nurse til 2
- 1:30 Move With Melanie - Channel 732
- 7:00 Socially Distanced BINGO - Bishop Club Rm

Friday, January 15, 2021

Girl Scout Cookies for sale in the Hobby Room

- 9:30 Move With Melanie - Channel 732
- 10:00 Easy Does It - Wellness Center
- 11:00 Chair Tai Chi - Wellness Center
- 1:00 Greeting Card Corner until 3 - Library
- 1:00 COVID-19 Support Group - Bishop Club Rm
- 1:00 Wellness Checks with the Resident Nurse til 2
- 1:30 Move With Melanie - Channel 732
- 6:30 Village Movie - Chapel
- 6:30 Canasta - 5th Floor Lounge

Saturday, January 16, 2021

- 10:00 Fun Chorus Practice - Chapel
- 1:00 Village Movie Matinee - Chapel
- 6:30 Open Bridge - 2nd Floor Lounge
- 6:30 Village Movie - Chapel

Upcoming Events

- Jan. 18 Royalty Fine Jewelers-10a-2p
- Jan. 18 Movie: Fame-6:30p
- Jan. 19 COVID-19 Vaccinations-Times TBA
- Jan. 20 Wheelchair Doctor-10-11a
- Jan. 20 Vote Pinellas-11a-12p
- Jan. 26 Annual Meeting-4p
- Mar. 19 Wii Bowling Play-off Game-1p

OUR MISSION:

To enrich the lives of the Residents we serve by creating an environment that fulfills their every need—body, mind, and spirit.

THE PEOPLE OF ST. MARK VILLAGE

A WARM WELCOME IS EXTENDED TO:

Marguerite B.; Brian C.; Patti H.; Robert and Wanda J.; and Roberta P.

Care Center:

Pauline C.
Lila F.
James G.
Sally G.
Denyse K.
Paul S.
Becky S.
Earl U.
Faith W.

In The Hospital:

Wendy B.
Judy N.
Caroline P.

Returned to Apartment:

Lorraine M.
James R.

Transfers:

George C.
Hope C.
Carol M.
Cliff R.
Wanda S.

A Fond Farewell To:

Nancy C.
Ruby E.
Peter M.



Sympathy is extended to the family and friends of Mary Jane A. and Charles G., Rm. 1017.