



Special Morning Show on Tuesday, May 5th

The Morning Show is moving to a new 10:00 a.m. time slot. Put on your sombrero and poncho and tune in to channel 732 on Tuesday, May 5, when we present a special Cinco De Mayo edition of the Morning Show live from the shuffleboard courts in the IL Courtyard.

Special guest, Pastor Greg Toney, Retired Calvary Church Pastor of Worship, will sing the national anthem and Pastor Danny Bennet, Calvary Church East Lake Campus Pastor, will share a special message with you.

Ellen Wade, IL Life Enrichment Director, and Tina Glandis, Administrative Services Director, will share trivia of the day, the weather report, Resident, Employee, and celebrity birthdays, motivational quotes, riddles, jokes, a little bit of history, special announcements, and much more!

Following the May 5th Morning Show, Melanie Johnson, Wellness Coordinator, will present Move with Melanie live from the Courtyard!

Stay tuned later in the day on the 5th when Pastor Bill Magee will present his Coffee and Prayer at 2:30 p.m.

The

NEW NORMAL



On Monday, May 4, we will open our Swimming Pool, offer Walking Passes to those that want to walk our property for exercise, and allow assembly of ten Residents or less to social distance for coffee and conversation.

With Management's approval you will be allowed to leave our property for doctor's appointments, medical procedures, and other essential reasons.

Please continue to wear your face masks while you are outside of your apartment and are unable to social distance. Look for updates and announcements each week as we work together to find and establish our safe new normal.

Face Masks Available for IL Residents

Masks for Independent Living Residents are still available.

We ask that masks be worn when you are outside of your apartment and cannot social distance. Masks are available in the Administration Office.



THE Lively Mark

For the Residents of St. Mark Village

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May is National Military Appreciation Month

Since 1999, Congress has dedicated May as National Military Appreciation Month which includes Loyalty Day (1st), Military Spouse Appreciation Day (11th), VE Day (8th), Armed Forces Day (19th), and Memorial Day (30th). This very important month honors, remembers, recognizes, and appreciates all military personnel; those men and women who have served throughout our history, and all who now serve in uniform and their families as well as those Americans who have given their lives in defense of our freedoms we all enjoy today.

It recognizes those on active duty in all branches of the services, the National Guard and Reserves, plus retirees, veterans, and all of their families — well over 90 million Americans and more than 230 years of our nation's history. Let us celebrate them just as we celebrate the other important entities that make up this wonderful country of ours. —www.nmam.org

All Activities Are Cancelled

Due to the worldwide coronavirus pandemic, we are practicing “social distancing” for the safety and best interest of our Residents. Therefore, we have cancelled ALL St. Mark Village sponsored or Resident sponsored events until further notice (this includes all functions of ten or more in Floor Lounges).

Visitors Limited

We are currently limiting all Resident Visitors to caregivers from a licensed agency only (that provide care, i.e. medication assistance or showers). Immediate family member visits for critical or time sensitive reasons such as hospice related visits (end of life), complete medical authorizations, etc. will be allowed. No other visitors will be allowed at this time. Groceries/packages for Residents can be left at the screening desk for delivery.

Perimeter Doors Locked

All perimeter doors, except the Front Door, have been set to not allow any person to enter until further notice. All Residents and Visitors MUST enter through the Front Door. Please note, when visiting the pool, you must use your apartment key to unlock the swimming locker room to gain access to the building.

BayCare Coronavirus (COVID-19) Resource Center:

Visit <https://baycare.org/coronavirus#.XnuQi1VKjcs?hcmacid=a0Z1a0000046RCJEA2> for valuable information including an online screening tool; patient education; and updates on the virus.

Please Pick Up After Your Pet

When walking your dog in our community or out in the IL Courtyard, please remember that it should be leashed. It is also important to remember to immediately clean up after your pet. Be sure to take a baggie along with you for picking up waste and then dispose of it properly. By taking a few simple steps to clean up after your pet, you can help keep our community beautiful. Thank you for your cooperation!

Wellness Center Closure

ALL Exercise Classes and use of equipment in the Wellness Center has been cancelled until further notice. The Wellness Center will remain locked during this time. Tune in to channel 732 for Move with Melanie at 10:00 a.m. and 2:00 p.m.

Flowers Down The Garden Path

Flowers down the garden path
lift their heads and gently laugh.

Looking to the rising sun
at dawn's new day just begun.

Being washed by gentle rains,
and gently moving to the strains.

Of the music of the winds,
stems that move and gracefully bend.

Flowers down the garden path
lift their heads and gently laugh.

—Elizabeth Dewe:

Respiratory Symptoms?

In our continuing efforts to reduce the possibility of spreading the coronavirus, we ask that if you or your spouse are experiencing potential COVID-19 symptoms (fever, cough, sore throat, diarrhea, and/or new shortness of breath) please do not leave your apartment for ANY reason. Contact Resident Services to arrange support services and stay in your apartment. Please notify the Operator if you need the Resident Nurse and the Operator will have the Resident Nurse call you.

Residents in common areas exhibiting these symptoms will be asked to return to their apartment. Contact Resident Services, ext. 1706, for assistance with mail delivery, etc. Contact the Dining Room, ext. 1737, for meal delivery arrangements.

Resident Services Shopping Service

Resident Services is available to shop for you Monday through Friday by appointment only. They will arrange a time to meet with you to obtain your shopping list and method of payment. Please be sure you anticipate your needs and make a shopping list which includes items you will need for a two-week time span. Resident Services can often accommodate shopping requests same day, but sometimes may not be able to accommodate them until the next day.

Please be mindful, in order to assist everyone, Resident Services can only stop at one store per shopping trip per apartment. *If your neighbor needs shopping done, ask them to please call Resident Services at ext. 1706 to schedule a separate appointment.* This allows for us to assist more Resident's needs. Since we are practicing social distancing, please call ext. 1706 rather than coming by the office.

Alternate Grocery Delivery Services

As we continue to strive to meet your needs, please be aware that we are currently scheduling out as far as next Tuesday. If you have a dire need for something that cannot wait, you may want to consider other grocery delivery service options such as:

Shipt: www.shipt.com

Instacart: www.instacart.com

Walmart: <https://grocery.walmart.com>

Toilet Paper and Paper Towels Available in the Village Café

Individual rolls of toilet paper and paper towels are available for sale in the Village Café for Residents only. Toilet paper is \$1 per roll, limit 2 rolls per apartment, per week and paper towels are \$1.50 per roll, limit 1 roll per apartment, per week. Residents may purchase 7 days from when the Resident last purchased.

Scheduled Transportation Discontinued

Regularly scheduled transportation has been discontinued. We are offering transportation by appointment only when absolutely necessary. Please call ext. 1138 to schedule. If there is something you specifically need from the store, Resident Services is available to shop for you Monday through Friday by appointment. Please call ext. 1706 for details and to schedule an appointment.

Pastor Bill to Lend a Listening Ear

We all know that this is a stressful time of anxiety and worry. Pastor Bill, Spiritual Ministries Director, is available for any IL Resident or Staff Member who wants to sit down and talk. The conversation does not need to be religious in any way. If you would like to speak with Pastor Bill, please call ext. 1798 to either speak with him over the phone or to set up an appointment.

Bored Board and Other Fun Stuff

Please check the Bored Board for additions as well as some Trivia Fun—and in the Hobby Room there are kits that include wooden ornaments, paint, and a brush to be worked on in your apartments. If interested, there are also a few Sudoku books, Word Find books, and pens available on a table in the Hobby Room.

US Postal Service Not Delivering Mail

The Post Office is currently refusing to deliver mail to St. Mark Village. A Mail Carrier has been dropping our mail off at the Main Entrance and Office Staff have been delivering mail to your mailboxes Monday through Friday as time allows. Please note: Due to this change, there will be no Saturday pick-up for outgoing mail.

All Deliveries Brought to Administration

All deliveries are currently going to the Administration Office. This includes Amazon, FedEx, UPS, and all Pharmacies. Our St. Mark Village personnel will contact you and deliver these packages if you are unable to pick them up in the Administration Office.

What is Vote-by-Mail?

Vote-by-mail refers to: voting via ballot received by mail; or picked up by (or for) a voter—instead of going to the polls to vote during early voting period or Election Day. Except on Election Day, no excuse is needed to vote using a vote-by-mail ballot. Unless otherwise specified, a request to receive a vote-by-mail ballot covers all elections through the end of the calendar year for the second ensuing regularly scheduled general election. A vote-by-mail ballot that is returned undeliverable cancels a request for future elections and must be renewed.

Now is a good time to vote by mail. If you would like a form to request a vote-by-mail ballot, please contact Barbara R.

2020 US Census

You may have already received a 2020 US Census form in the mail. If you have already filled it out, either on paper or online, please notify the Administration Office. St. Mark Village qualifies as a Group Quarters Enumeration which is the US Census Bureau's special process for counting people who live or stay in group quarters during the 2020 Census. Because group quarters are owned or managed by a third party, the Census Bureau assists group quarters administrators in responding to the census on behalf of Residents to ensure a complete and accurate census count. Please contact Karla Lindeen, Resident Services Director, ext. 1706, if you have any questions regarding the US Census process.

Discontinued Dining Services

All meals are currently Take-Out. If you are not feeling well, please call the hostess stand and we will deliver your meal for you. Paper Menus will continue to be placed in your boxes at the Front Desk. Please circle your menu choices and be sure to put your apartment number and time of pickup at the bottom of each day. Please bring your completed menus to the Dining Room by Saturday morning. This process will continue until further notice.

St. Mark Village Webpages

Communications has created the following pages for Residents as resources.

Move with Melanie:

www.StMarkVillage.org/Wellness

Free Online Resources:

www.StMarkVillage.org/Resources

Covid-19 Updates:

www.StMarkVillage.org/Covid19/

Tampa Bay Times Adopts Temporary Sunday and Wednesday Print Schedule

The Tampa Bay Times will temporarily produce print editions only on Sundays and Wednesdays due to a steep drop in advertising because of the coronavirus pandemic. *The Times* is also beefing up its Sunday print edition—be sure to check out their section called “Game Times” that bundles a week’s worth of puzzles and games.

Resident Birthdays

| | |
|-------------|-------|
| William S. | May 3 |
| Eugene W. | May 5 |
| Ruth R. | May 6 |
| Barbara B. | May 8 |
| Patricia J. | May 8 |
| Barbara W. | May 9 |

Wellness Checks Cancelled

Wellness Checks with the Resident Nurse have been cancelled until further notice.

Feast Bag Collection Cancelled

We are NO longer collecting Feast Bags until further notice. Thank you to all Volunteers who collected and folded the bags and gave tirelessly each week and sometimes each day. Please discard your bags in your trash rooms or recycle them on your own.



Crossword

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | 8 | | 9 | 10 | 11 | 12 | 13 |
| 14 | | | | | 15 | | | | | 16 | | | | |
| 17 | | | | | 18 | | | | | 19 | | | | |
| 20 | | | | | | 21 | | | 22 | | | | | |
| | | | 23 | | 24 | | 25 | | | 26 | 27 | 28 | 29 | |
| | | 30 | | | | 31 | 32 | | | | | | | |
| 33 | 34 | | | 35 | | | | | 36 | | | | | |
| 37 | | | 38 | | 39 | | | 40 | 41 | | 42 | | | |
| 43 | | | | 44 | | 45 | | | 46 | | 47 | | | |
| 48 | | | | | 49 | 50 | | | | 51 | | | | |
| 52 | | | | | | | | | 53 | | | | | |
| | | | | 54 | | | 55 | 56 | | 57 | | 58 | 59 | 60 |
| 61 | 62 | 63 | 64 | | | 65 | | | 66 | | | | | |
| 67 | | | | | | 68 | | | | | 69 | | | |
| 70 | | | | | | 71 | | | | | 72 | | | |

Across

1. Capital of Moravia
5. Southern Calif. force
9. Warms up
14. ____, skip and jump away
15. Partly open
16. Mississippi river
17. Raven's quote
19. Fraud
20. Rosetta ____
21. Slope
23. Raises
25. Clue colonel
30. Landmark New York entertainment venue
33. One way to rotate (abbr.)
35. Stadium section
36. At present
37. Word of woe
39. Miniature
42. Catamaran canvas
43. Aquatic nymph

45. Rock drummer Ulrich
47. Ironic
48. Female hunter, e.g.
52. Scent or substance
53. Hero for the hungry?
54. "Every man ____" (Huey Long slogan)
57. Unpaid factory worker
61. Scare
65. Profitably
67. "Long time, ____!"
68. Longest river in the world
69. Far from far
70. Stops a trap
71. Croat, e.g.
72. Sting film, or nude anagram

Down

1. Puts the kibosh on
2. Onetime school subj.
3. Nero's new?
4. Reveal oneself
5. Fugitive's flight
6. Go for ____ (run)
7. One of Henry's Catherines
8. Fantasized
9. Compose, in a way
10. "Dream on!"
11. Organic dye
12. Triumphed
13. Sukiyaki sauce
18. Do a greenhouse job
22. "How silly of me!"
24. Coasted
26. Art colony in New Mexico
27. Pistols ____
28. Show, as an old sitcom
29. Matter-of-factly
30. Anticipates
31. Actor Ayres
32. Paperless exams
33. Rapids shooter
34. North Pole surname
38. Singer born in Nigeria
40. Not cooked
41. Jackson 5 hairdos, briefly
44. Supports a charity
46. Handy, Hefty, or Harmony
49. Doc ____ (Spiderman foe)
50. Acts as king
51. Be rich (in)
55. Catch redhanded
56. ____ monster (big lizard)
58. ____ cheese (salad topping)
59. "The Good Earth" role
60. Port on the eastern Mediterranean
61. "Blue" pol. organization
62. Net letters
63. Grp. that entertains troops
64. Less than zero: Abbr.
66. Pahrump's state: abbr.



Make sure you test positive for FAITH.

Keep your distance from DOUBT, and ISOLATE from fear. TRUST God through it all.

Kristiyano

Calendar of Events

Sunday, May 3, 2020

10:00 Worship Service with Pastor Bill - Channel 732

Monday, May 4, 2020

10:00 Move with Melanie - Channel 732

2:00 Move with Melanie - Channel 732

Tuesday, May 5, 2020

CINCO DE MAYO



7:00 BayCare Lab Services until 8 - 2nd FL Wellness

10:00 The Morning Show and Move with Melanie - Channel 732

2:00 Move with Melanie - Channel 732

2:30 Coffee and Prayer - Channel 732

Wednesday, May 6, 2020

10:00 Move with Melanie - Channel 732

2:00 Move with Melanie - Channel 732

Thursday, May 7, 2020

10:00 The Morning Show; Coffee and Prayer; and Move with Melanie - Channel 732

2:00 Move with Melanie - Channel 732

Friday, May 8, 2020

10:00 Move with Melanie - Channel 732

2:00 Move with Melanie - Channel 732

Saturday, May 9, 2020

Upcoming Events

Aug. 26 White Elephant Sale-10a-3p

Life will give you whatever experience is most helpful for the evolution of your consciousness.

—Eckhart Tolle

OUR MISSION:

To enrich the lives of the Residents we serve by creating an environment that fulfills their every need—body, mind, and spirit.

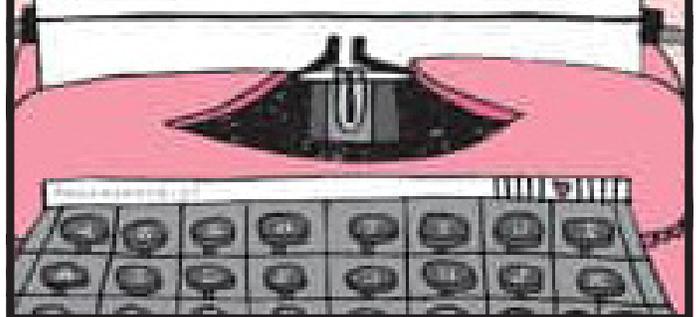
Ode to the Spell Checker

Eye halve a spelling chequer
It came with my pea sea
It plainly marques four my revue
Miss steaks eye kin knot sea.

Eye strike a key and type a word
And weight four it two say
Weather eye am wrong or write
It shows me strait a weigh.

As soon as a mist ache is maid
It nose bee fore two long
And eye can put the error rite
Its rarely ever wrong.

Eye have run this poem threw it
I am shore your pleased two no
Its letter perfect in it's weigh
My chequer tolled me sew! *—Unknown*



Sympathy is extended to the family and friends of Harry A.; Norma B.; Otis.; Miriam J.; Maureen H.; and Evelyn R.

