

# The Lively Mark



2655 NEBRASKA AVE | PALM HARBOR, FL 34684 | WWW.STMARKVILLAGE.ORG

JUNE 17, 2018

## St. Mark Village Celebrates 38 Years!

Mark your calendars! St. Mark Village's 38th Anniversary will be celebrated on Friday, June 29, 2018, from 11:30 a.m. to 1:30 p.m. in the Independent Living Dining Room. Lunch will be provided for both Residents and Staff.

There will be a short ceremony honoring Betty Fresh, outdoors, in front of the Betty Fresh Rehab and Spa at 1:30 p.m. Please plan to attend. You can use your anniversary gift to keep cool!

## Capitol Theatre Tour Reminder

Residents signed up to go on the tour of the historic *Capitol Theatre* in Clearwater on Wednesday, June 20, are reminded to please be in the Front Lobby and ready to go at 10:15 a.m. We have an 11:00 a.m. tour and there will be some walking in long narrow hallways—so wear your walking shoes! There is an elevator to take us to the second floor. After our tour it's off to the beach for spectacular views and a relaxing lunch at the *Palm Pavilion*. Lunch will be "on your own".

## FATHERS DAY LUNCH



In honor of Father's Day, all men are invited to have lunch on Monday, June 18, from 11:30 a.m. to 1:30 p.m. in the Hobby Room. Lunch will consist of hamburgers, hot dogs, potato salad, baked beans, watermelon, cookies, and more! Please sign up on the bulletin board if you plan to attend.

## DID (Direct Inward Dialing) Phone Numbers Reminder

Our phone system features Direct Inward Dialing (or DID). This means that rather than going through the Switchboard, Residents may give callers their direct number.

As a reminder, with the recent Independent Living extension number changes your DID number *did not* change.

With some exceptions, DID numbers are the prefix 464 plus 1 and the Resident's 3-digit Independent Living apartment number (e.g. 464-1301 will reach room 301) or 464 plus the Resident's 4-digit apartment number (e.g. 464-1101 will reach room 1101).

Because every single extension number could not be obtained from the telephone company, there are a few exceptions to the numbering system in this regard. DID numbers for Residents in the Assisted Living Center on Nebraska Avenue start with 18 instead of 20 (e.g. to reach apartment 2001 the caller would dial 464-1801, etc). DID numbers for Residents in the Highland Lakes Assisted Living start with 06 for the 3100 hallway, 07 for the 3200 hallway, 08 for the 3300 hallway, and 09 for the 3400 hallway (e.g. to reach apartment 3101 the caller would dial 464-0601) and DID numbers for Residents in the Special Care Center (Memory Care) start with 19 instead of 12 (e.g. to reach apartment 1201 the caller would dial 464-1901).

A Father is neither an anchor to hold us back nor a sail to take us there, but a guiding light whose love shows us the way.

—Author Unknown



## The Lively Mark

For the Residents of St. Mark Village

Doug Fresh, CEO

Editor: Ellen Wade

Layout and Design: Tina Glandis

Layout and Design: Marlene Di Maria



Join us for an Ice Cream Social on Tuesday, July 10, from 11:30 a.m. to 1:30 p.m. Take a stroll down to the

Hobby Room, cool off with a refreshing treat, and socialize. Choose one of these frosty delights: a banana split, root beer float, milk shake, sundae with a variety of toppings, or just a scoop or two of ice cream. Please sign up on the bulletin board if you would like to join us for this sweet treat.

Eight to ten Volunteers are needed to assist in serving at this event. If interested, please call Ellen in the Hobby Room at ext. 1743.

### Calling All Pinochle Players!

If you are interested in playing Pinochle please come to the 3rd Floor Lounge on Thursday, June 21, at 1:30 p.m. and play a round!

### Birthday and Anniversary Celebration

The June Birthday and Anniversary Celebration will be held on Friday, June 22, at 7:00 p.m. in the Chapel. The entertainment will be provided by organist Stan Koyama. Stan's command of the Roland Organ is versatile and he is very accomplished. He performs classical, popular, jazz, original arrangements, and an interesting mix of songs. He is amazing to watch and a treat to hear. Don't miss this musical treat! Residents celebrating a birthday or anniversary in the month of June are asked to please sign up on the main bulletin board and to come down a little early on the night of the show to have your picture taken.

### Resident Birthdays

Jorge Griva	Apt. 2031	June 18
William Brady	Apt. 330	June 19
Helen Smith	Apt. 1210	June 19
Virginia Adams	Apt. 128	June 21
Blanche Marshall	Apt. 204	June 21
Leonard Storz	Apt. 526	June 21
Kathy Younker	Apt. 447	June 21
Betty Smith	Apt. 451	June 23



### Trivial Pursuit

Test your knowledge and join us in the Hobby Room to play Trivial Pursuit on Monday, June 25, at 1:30 p.m. This game tests a player's ability to answer general knowledge questions. The more questions you answer correctly, the more points you score for your team. Are you ready for the challenge? If so, come for a stimulating battle of the minds.

### ORGAN MUSIC by Dick Rydberg

Dick Rydberg will play organ music on Tuesday, June 19, from 6:30 p.m. to 7:00 p.m. in the Elevator Lobby. Indulge in an evening of musical enjoyment!

### Seated Line Dancing

Kathryn Hall, St. Mark Village Resident, will teach a Seated Line Dancing Class in the Elevator Lobby on Monday, June 18, at 2:00 p.m. This will be a forty-five minute class. There will be fun, friendship, and a little bit of frolicking. No prior dance experience necessary!

### Midweek Movie

The Midweek Movie for Wednesday, June 20, is *The Philadelphia Story* starring Cary Grant, Katherine Hepburn, and Jimmy Stewart. Philadelphia socialites Tracy Lord and C.K. Dexter haven married impulsively, with their marriage and subsequent divorce being equally passionate. They broke up when Dexter's drinking became excessive, it is a mechanism to cope with Tracy's unforgiving manner to the imperfect, imperfections which Dexter admits he readily has. Two years after their break-up, Tracy is about to remarry, the ceremony to take place at the Lord mansion. Tracy's bridegroom is nouveau riche businessman and aspiring politician George Kittredge, who is otherwise a rather ordinary man and who idolizes Tracy. The day before the wedding, three unexpected guests show up at the Lord mansion: Macaulay Connor, Elizabeth Imbrie—the two who are friends of Tracy's absent brother, Junius and Dexter himself. Dexter, an employee of the tabloid "Spy Magazine", made a deal with its publisher and editor Sidney Kidd to get a story on Tracy's wedding. This 1940 movie is in black and white, is 1 hour and 52 minutes long, and will be shown at 11:00 a.m. and 6:30 p.m. in the Chapel. **Not Rated.**

## Beginner Computer Class

St. Mark Village Resident Evelyn McElwain will teach a beginner computer class which will be four sessions from 1:00 p.m. to 3:00 p.m. in the 2nd Floor Lounge. The classes will be held on Monday, June 25; Monday, July 2; Friday, July 6; and Monday, July 9. Students must bring their laptop computer to



every class and have *Microsoft Word 2007 or 2010* installed. Please sign up on the main bulletin board in the Elevator Lobby if you are interested. Space is limited to eight students. For questions about this class, please call Evelyn, Apt. 225.

## Downton Abbey

*Downton Abbey* is a British drama series that follows the lives of the Crawley family and its servants in the family's classic Georgian country house. The series begins with the 1912 sinking of the Titanic, which leaves Downton Abbey's future in jeopardy, since the presumptive heirs of Robert, Earl of Grantham—his cousin James, and James' son, Patrick—die in the catastrophe, leaving the family without a male offspring to take over Downton when the current lord dies. The point is important since Lord Grantham's children are daughters—Ladies Mary, Edith, and Sybil, but the facets of their lives and of those of the below-stairs staff—also a highly regimented world—have fascinating story lines. This is the final Season. Come to the Chapel on Monday, June 25, when Season 6, Episodes 5 and 6 will be shown at 6:30 p.m.

## Hear USA Hearing Clinic

A representative of *HearUSA* will be here Monday, June 25, at 9:00 a.m. in the Hobby Room. Please stop by if you have questions regarding your hearing aid or need your hearing aid repaired. Hearing tests are available by appointment in your apartment by calling Rosemary McKinney at 446-8392.

HAPPY   
*Father's*  
DAY

**Dad, your guiding hand on  
my shoulder will remain with  
me forever. -Author Unknown**

*Train up a child in the way which he should go and  
when he is old he will not depart from it.*

—Proverbs 22:6

## Healthy Vision Eye Screenings

*The Healthy Vision Institute* and a representative from the office of Dr. James Powers, Vitreoretinal Surgeon, will offer on-site comprehensive eye exams in the Hobby Room for the detection of macular degeneration, diabetic retinopathy, cataracts, and glaucoma. *Healthy Vision* uses the most advanced equipment available and the new portable retina imaging system. The technician gently positions the camera directly over your eye and takes a picture. No pain, no dilation, and no cost! Each screening takes 10-12 minutes. Screenings are held each month from 10:00 a.m. to 12:00 p.m. in the Hobby Room. Please sign-up on the bulletin board if you are interested in the next screening on Thursday, June 21. **(Please note this screening has been rescheduled from the original Thursday, June 7, screening date.)**

## Book Review

by Gene Coppola



Gene Coppola,  
Director of the *Palm*

*Harbor Library* will present a Book Review on Thursday, June 21, at 1:30 p.m. in the 2nd Floor Lounge. He will review the book "Girl Waits with Gun" by Amy Stewart.

From the New York Times best-selling author of the "Drunken Botanist" comes an enthralling novel based on the forgotten true story of one of the nation's first female deputy sheriffs. Constance Kopp doesn't quite fit the mold. She towers over most men, has no interest in marriage or domestic affairs and has been isolated from the world since a family secret sent her and her sisters into hiding fifteen years ago. One day a belligerent and powerful silk factory owner runs down their buggy, and a dispute over damages turns into a war of bricks, bullets, and threats as he unleashes his gang on their family farm. When the sheriff enlists her help in convicting the men, Constance is forced to confront her past and defend her family—and she does it in a way that few women of 1914 would have dared!



## Safety Harbor History Tour and Lunch at Paradise Restaurant

Come along on a bus tour of Safety Harbor on Wednesday, July 11. The Village bus leaves at 10:00 a.m. The tour begins at 10:30 a.m. During the bus tour, your step on guide will introduce you to the history, folklore, and events of this storied community. You'll hear tales of pirates, Tocobaga Indians, ancient burial grounds, 6,000 year old artifacts, Spanish Conquistadors, pioneers, grapefruit, segregation, hurricanes, fires, "Whiskey Harbor", stories of healing from our infamous five mineral springs, and much more!

The cost is \$10 per person. Payment can be made by cash or check only, and will be accepted on the day of the trip. Please make checks payable to "Laura Dent".

After our tour we will have lunch "on your own" at the *Paradise Restaurant* on Main Street, which offers a variety of foods at affordable prices.

***Sign up begins on Monday, June 18. If interested, pick up a number from the Operator no earlier than 7:00 a.m., then have a seat in the Front Lobby. At 9:00 a.m. Administration Staff will begin calling numbers, beginning with #1.***



## The Opera Gala

Come to see *The Opera Gala* on Monday, June 18. The Festival Theatre at the German spa town of Baden-Baden is a spanking modern concert hall behind the façade of a handsome 19th century railroad station. In July 2007, it hosted an evening of wonderful singing by a quartet of leading operatic stars in a program that could have been titled "Opera's Greatest Hits". After a brief orchestral piece from Bellini's *Norma* the fireworks begin with the duet *Mira, o Norma* featuring soprano Anna Netrebko and mezzo Elina Garanca, their voices blending beautifully. From then on, it's one familiar, well-loved operatic chestnut after another, all done with spirited fervor and admirable vocalism. This opera is 1 hour long and will be shown at 6:30 p.m. in the Chapel.

## Scattergories

Join us on Monday, June 18, at 2:30 p.m. in the Hobby Room for this fun filled game. Team up to be creative in this party game where being different counts! In the Scattergories game, teams come up with answers that fit the categories listed on their card. Sounds easy, but the answers need to start with the letter rolled on the die! Come up with as many answers as you can before time runs out, but be creative—your team only gets points if no other team has the same answer.



## Creating A Masterpiece

There will be an art class in the Hobby Room on Wednesday, June 27, from 2:00 p.m. to 3:00 p.m. Kimberly Dillard, Art therapist/Artist will bring all the supplies needed to do acrylic painting. It will cost each participant \$5 per person which includes all supplies. Kimberly will come once a month and do a different project each time. If interested, please call Ellen or Kris in the Hobby Room at ext. 1743 to reserve your spot. Please bring your money on the day of the class.

## Monday Morning Menu Chat

Huseyin Isguzar, our Chief Culinary Officer, wants to get to know you and understand your culinary needs and desires. His Monday Morning Menu Chats will help accomplish just that. Each Monday (*excluding the 1st Monday of the month*) at 10:00 a.m. in the Dining Room he will meet with you to discuss last week's menus and what special requests you might have for the coming weeks. The next Monday Morning Menu Chat will be held on Monday, June 18.



## Talk by Jane Martin

Come to the Chapel on Thursday, June 28, at 1:30 p.m. (***please note date, time, and location change***) to hear Resident, Jane Martin, talk and share some photos about her recent trip to Cuba. Cuba is the largest Caribbean island, between the Caribbean Sea and the North Atlantic Ocean. It lies ninety miles south of Key West, Florida, between the Cayman Islands and the Bahamas, to the west of Haiti, east of Mexico, and northwest of Jamaica. This is sure to be an interesting talk!

Being a father has been, without a doubt, my greatest source of achievement, pride and inspiration. Fatherhood has taught me about unconditional love, reinforced the importance of giving back and taught me how to be a better person.  
—Naveen Jain

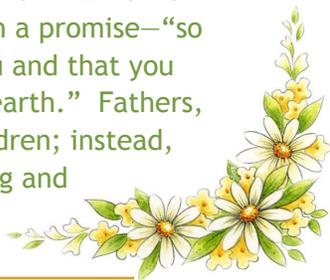
# AEGEAN

BAR • GRILL • PATIO

Most everyone dined at the old Pappas Restaurant at the Sponge Docks in Tarpon Springs, now here's your chance to try a restaurant in the former location called the Aegean which offers a big selection of food—from Greek to American Traditional. On Tuesday, June 26, we will embark on a new dinner location with a view. The restaurant is located on the 2nd Floor, and yes, there is an elevator. Dinner will be "on your own" and the Village bus will leave at 3:30 p.m. for a 4:00 p.m. reservation. If interested, please sign up in the Administration Office. The last day to sign up for this trip is Friday, June 22.

"Honor your father and mother"—which is the first commandment with a promise—"so that it may go well with you and that you may enjoy long life on the earth." Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

—Ephesians 6:2-4



## Calendar of Events

### Sunday, June 17, 2018

#### FATHER'S DAY

- 10:00 Worship Service - Chapel
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 6:30 Village Movie - Chapel



### Monday, June 18, 2018

- 9:00 Simply Stretch - Wellness Center
- 10:00 Monday Morning Menu Chat - Dining Room
- 11:00 Be Balanced & Strong - Wellness Center
- 11:30 Father's Day Luncheon til 1:30 - Hobby Rm
- 1:00 Greeting Card Corner until 3 - Library

(continued next column)



### Fences



Fri. 6/15; Sat. 6/16; Sun. 6/17\* 6:30 p.m.  
Saturday Matinee, 6/16\* 1:00 p.m.

**Director:** Denzel Washington.

**Cast:** Denzel Washington, Viola Davis, Russell Hornsby, Mykelti Williamson, Jovan Adepo.

Working as a trash collector in 1950s Pittsburgh, Troy Maxson struggles to raise his family while trying to transcend the bitter experience of being a talented baseball player denied the opportunity to play in the majors because of his race. Drama. 2016; 2 hours, 19 minutes.

**Rated PG-13** for thematic elements, language and some suggestive references.

\*Closed caption programming if available.  
Star ratings (4 star scale) from RogerEbert.com

### Monday, June 18, 2018 (concluded from previous column)

- 1:00 Prayer Group - Club Room
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 2:00 Aqua Aerobics - Pool
- 2:00 Seated Line Dancing - Elevator Lobby
- 2:30 Scattergories Game - Hobby Room
- 6:30 Open Bridge - Club Room
- 6:30 The Opera Gala - Chapel

### Tuesday, June 19, 2018

- 7:00 BayCare Lab Svcs til 8 - 2nd Floor Wlms Clinic
- 10:00 Sit & Fit - Wellness Center
- 10:30 Bible Study - Club Room
- 10:30 Needlers & Hookers until 12 - 3rd Floor Lng
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 2:00 Yoga Level 1 - 5th Floor Lounge
- 6:30 Organ Music by Dick Rydberg - Elevator Lby
- 7:00 Open 'Game Night On' - 2nd Floor Lounge

### Wednesday, June 20, 2018

- 10:00 Be Balanced & Strong - Wellness Center
- 10:00 Contemplative Prayer/Meditation Group-Chpl
- 10:15 Bus leaves for Capitol Theatre Tour
- 11:00 Midweek Movie Matinee - Chapel

(continued on page 6)

## Wednesday, June 20, 2018 *(concluded from pg 5)*

- 1:00 Greeting Card Corner until 3 - Library
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 2:00 Yoga Level 2 - 5th Floor Lounge
- 6:30 Midweek Movie - Chapel

## Thursday, June 21, 2018

### Summer Begins



- 9:30 Catholic Communion - 4th Floor Lounge
- 10:00 Healthy Vision Eye Screenings - Hobby Rm
- 10:00 Sit & Fit - Wellness Center
- 11:30 Interval Training - Wellness Center
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 1:30 Book Review - 2nd Floor Lounge
- 1:30 Open Pinochle - 3rd Floor Lounge
- 2:00 Circuit Training - Wellness Center
- 6:30 Cribbage - 5th Floor Lounge
- 7:00 Village BINGO - Club Room

## Friday, June 22, 2018

- 9:00 Walking Club - 4th Floor
- 10:00 Craft Class - Hobby Room
- 10:00 Resident WiFi Meeting - Chapel
- 11:30 Aqua Aerobics - Pool
- 1:00 Greeting Card Corner until 3 - Library
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 7:00 Birthday & Anniversary Celebration - Chapel

## Saturday, June 23, 2018

- 10:00 Exercise w/Shirley Appell - Wellness Center
- 10:00 Fun Chorus - Chapel
- 1:00 Resident Nurse in 2nd Floor Wellness Clinic til 2
- 1:00 Village Movie Matinee - Chapel
- 6:30 Open Bridge - Club Room
- 6:30 Village Movie - Chapel

## Upcoming Events



- June 25 HearUSA Hearing Clinic-9a
- June 25 Trivial Pursuit-1:30p
- June 25 Downton Abbey-6:30p
- June 26 Aegean Restaurant-Bus 3:30p
- June 27 Creating A Masterpiece Art Class-2p-3p
- June 28 Cuba Talk by Jane Martin-1:30p
- June 29 St. Mark Village's 38th Anniversary Celebration-11:30a-1:30p
- June 29 Ceremony Honoring Betty Fresh-1:30p
- July 10 Ice Cream Social-11:30a-1:30p
- July 11 Safety Harbor Bus Tour-Bus 10a
- Aug. 20 Mr. Abbey w/Florida Orchestra Coffee Concerts-TBA

## Summer Vignette



Unblemished blue of sun-gold skies,  
Fresh flowers, skimming butterflies  
Child-happy swimming pool and park,  
Fireflies to chase with velvet dark.  
Dusk whippoorwills whose plaintive calls  
Wrap mystery around it all,  
As nature hums a carefree tune  
To pace sweet summer afternoon. —Dan A. Hoover

## THE PEOPLE OF ST. MARK VILLAGE

### A WARM WELCOME IS EXTENDED TO:

Anthony Ellis, Rm. 1102 and William Schenkel,  
Apt. 3404.

### In Care Center:

Pauline Cairns	Betty Fresh Rehab & Spa
Althea Flint	Betty Fresh Rehab & Spa
Marian Major	Betty Fresh Rehab & Spa
Marilyn Manovill	Betty Fresh Rehab & Spa
Sue Mills	Betty Fresh Rehab & Spa
Zula Peperis	Betty Fresh Rehab & Spa
Ruth Reid	Betty Fresh Rehab & Spa
Warren Rockwell	Betty Fresh Rehab & Spa

### In The Hospital:

Marvin Luntz	Mease Dunedin
Bunny Mathias	Mease Countryside
Rita Proulx	Mease Countryside
Forence Sawyer	Mease Countryside

### Returned to Apartment:

Dee Gorzycki	Apt. 325
Almalouise Reitmeyer	Apt. 2001

### Transfers

Rosemarie Edelmann	Apt. 2029
June Richardson	Rm. 1004

### A Fond Farewell To:

Randa LaClair	Rm. 1110
Marian Palmer	Rm. 1214



Sympathy is extended  
to the family and  
friends of Pat Pires,  
Apt. 364.