THE Lively Mark

ST. MARK VILLAGE

DISTRIBUTED TO RESIDENTS OCTOBER 29 , 2026

2655 NEBRASKA AVE | PALM HARBOR, FL 34684 | WWW.STMARKVILLAGE.ORG NOVEMBER 1, 2026 ISSUE

Resident Birthdays:

Ann Gosney	Room 1024	Nov. 3
Elizabeth Infinger	Room 2025	Nov. 3
Rita Sanders	Apt. 316	Nov. 4
Melinda Power	Apt. 304	Nov. 6
Dorothy Gill	Apt. 234	Nov. 7
Eva O'Neill	Room 1022	Nov. 7

Welcome Home:

Narendra Shah	Apt. 310	Nov. 1

Men's Breakfast Club

All St. Mark Village men are invited to our weekly breakfast on Tuesday, November 3 at 8:00 a.m. Our speaker will be Resident Frank Shible, CPA. Frank will review the current tax laws and how they affect all of us. We meet in our IL Dining Room and the cost is only $4. Please put your name on the sign-up sheet on the Elevator Lobby bulletin board.

Ladies' Luncheon

The November Ladies' Luncheon will be on Friday, November 6 at 11:45 a.m. in the Bishop Club Room. All Ladies are invited to have lunch and enjoy a program and we hope you will join us. The sign-up sheet will be posted on October 29 through November 5 on the Elevator Lobby bulletin board. There is a $5.00 cash charge for the luncheon payable as you enter. If you sign up and must cancel, notify Leona at 8247 or you will be charged for the meal ($4.00). Our guest this month is Cindy Saathoff, Coordinator of the Palm Harbor Parks and Recreation Department. She spoke to the Men's Club recently and they enjoyed learning more about our neighborhood. We think you will also.

Village Forum

The Village Forum is scheduled for Friday, November 13 at 10:00 a.m. in the Chapel. Financial matters will be discussed. Residents are encouraged to attend and participate in this important meeting.

November Birthday, Anniversary & New Resident Reception

The November Birthday, Anniversary & New Resident Reception will be held on Friday, November 20 at 2:30 p.m. in the Chapel. The entertainment will be provided by Carla Hines. Don't miss this musical treat! If you celebrate in the month, please sign up on the main bulletin board and come down a little early on the afternoon of the show to have your picture taken.

Employee Christmas Gift Fund 2026

Thank you to all who have contributed so far to the Employee Gift Fund. We only have thirteen more days to show the dedicated employees of St. Mark Village how much we truly appreciate them. Please express your thanks to the employees by donating generously by Wednesday, November 18 at 6:00 pm. Residents of Independent Living should place their contributions in the box located at the hostess station in the Dining Room. Extra envelopes are available next to the collection box if you have misplaced the one attached to the letter from Mary O'Connor. All other Residents should use the comment card box in or just outside their respective dining rooms. Please make your checks payable to SMV Resident Association Gift Fund. You may also make your contribution in cash. All donations are confidential.
If you have questions, please contact Jeanne Plaskett at 8645.

General Election

Those Residents who wish to vote on Tuesday, November 3 the bus will make two runs to Highland Lakes for voting. There will be a 9:00 a.m. bus and a 12:00 p.m. bus. Be ready to go and cast your vote.

Arm Chair Travel

Sit back, relax, and travel to Oceania on Monday, November 9 at 6:30 p.m. in the Chapel. Travel to French Polynesia in the middle of the Pacific Ocean. Visit Palau with over 200 islands, it offers one of the best places for diving in the world. Next go to New Caledonia and see its unique flora and fauna. Then it's off to Fiji which consists of more than 300 islands scattered in the South Pacific. The last stop is Seychelles Islands with their natural beauty that has been preserved. This DVD is from 2009 and is 2 hours and 10 minutes.

Calendar of Events

Sunday, November 1, 2026

9:30 Building Mobility with Michael - Channel 2491
10:00 Sunday Worship - Chapel and 2491
3:00 Needle Art - Hobby Room
5:00 Poker-5th Floor Lounge
6:30 Village Movie - Chapel

Monday, November 2, 2026

9:30 Building Mobility with Michael - Channel 2491
10:00 Strength Class-Village Wellness Studio
10:00 Floor Meeting- Floor Lounge
11:00 Sittercize - Village Wellness Studio
12:45 Card Shop - Library
1:00 Art and Soul - Village Wellness Studio
1:00 Wellness Clinic - 2nd Floor Nurse's Office
1:00 Bus to Aldi - Returns at 3:00 p.m.
2:00 Trivia- Club Room
2:00 Balance Class - Village Wellness Studio
6:30 Movie - Chapel
6:30 Shuffleboard - Courtyard
7:00 Michigan Club - 5th Floor Lounge

Tuesday, November 3, 2026

6:30 Vista Lab - 2nd Floor Nurse's Office
8:00 Men's Breakfast Club- IL Dining Room
9:00 to noon Election Day - Bus
9:30 Choice Hearing -2nd Floor Nurses's Office
9:30 Building Mobility with Michael - Channel 2491
9:30 Aquacize -pool
10:00 Yoga - Village Wellness Studio
12:00 Doc Talk- Chapel
1:00 Step Aerobics- Village Wellness Studio
1:00 Wellness Clinic - 2nd Floor Nurse's Office
1:00 Bus to Walgreens- Bus
1:00 Wii Bowling - 3rd and 6th Floor Lounge
6:30 Dominoes - 2nd Floor Lounge
6:30 Mahjong - 3rd Floor Lounge

Wednesday, November 4, 2026

9:00 Dermatolgy - 2nd Floor Nurse's Office
9:30 Building Mobility with Michael - Channel 2491
10:00 Strength Class-Village Wellness Studio
10:30 Toymakers and Lunch - Bus
11:00 Sittercize - Village Wellness Studio
11:00 Midweek Movie - Chapel
12:45 Card Shop - Library
1:00 Wellness Clinic - 2nd Floor Nurse's Office
1:00 Sanders - Hobby Room
1:00 Aerobics - Village Wellness Studio

Wellness Clinic

The Wellness Clinic is open Monday - Friday between 1:00 p.m. and 2:00 p.m. for blood pressure checks, first aid and general health-related questions.

Menu Chat

Menu chat with Kyle is at 10:00 a.m. in the IL Dining Room every Monday, except the 1st Monday of each month.

Choice Hearing Solutions

Come to the 2nd Floor Nurse's office on Tuesday, November 10 at 9:30 a.m. for a Hearing Clinic from Choice Hearing Solutions. The sign up will be on Go Icon on November 9 from 8:00 a.m. to 2:00 p.m. or call (727) 807-7082 or you can call 1743 to make an appointment. Individual consultations and in-home hearing testing are also available should the need arise.

Violin Music with Karen

Come to the South Hall on Thursday, November 12 at 11:30 a.m. to hear Karen play classical violin.

Michigan Club

The next Michigan Club meeting will be Monday, November 2 at 7:00 p.m. in the 5th Floor Lounge. Our program will be on The Great Lakes; the most beautiful places in the Great Lakes you'll ever see. All are welcome. If you have any questions please call Katherine at 8516.

Doc Talk

Don't let heartburn control your life. Join Jamie Gallagher in the Chapel on Tuesday, November 3 at 12:00 p.m. to learn how to take control of your digestive health and treatment options available.

(continued next column)

THE Lively Mark
For the Residents of St. Mark Village
Jeff Gorddard, CEO
Editor: Ellen Wade
Designer: Kim Oaks

Wednesday, November 4, 2026

2:00 Chair Volleyball- Village Wellness Studio
3:00 Balance - Village Wellness Studio
3:00 Compline and Prayer service- Chapel
6:30 Rummikub - 4th Floor Lounge
6:30 Midweek Movie- Chapel

Thursday, November 5, 2026

9:30 Building Mobility with Michael - Channel 2491
9:30 Roman Catholic Mass- Chapel
9:30 Aquacise - Pool
10:00 Yoga - Village Wellness Studio
10:30 Healing Hearts - 2nd Floor Lounge
1:00 Aerobics - Village Wellness Studio
1:00 Bus to Publix - every 30 minutes
1:00 Wellness Clinic - 2nd Floor Nurse's Office
1:00 Pinochle - 3rd Floor Lounge
2:00 Line Dancing - Village Wellness Studio
7:00 Bingo - Club Room

Friday, November 6, 2026

9:30 Building Mobility with Michael - Channel 2491
10:00 Crafts - Hobby Room
10:00 Upper Tampa Bay Conservation Park - Bus
10:00 Strength Class - Village Wellness Studio
11:00 Sittercize - Village Wellness Studio
11:00 Bible Study - Verse by Verse - 4th Floor Lounge
11:45 Ladies' Luncheon - Club Room
12:15 The Vision Group - 3rd Floor Lounge
12:45 Card Shop - Library
1:00 Wellness Clinic - 2nd Floor Nurse's Office
1:00 Cribbage - 5th Floor Lounge
2:00 31 card game - Hobby Room
3:00 Balance Class - Village Wellness Studio
6:30 Canasta - 5th Floor Lounge
6:30 Village Movie - Chapel

Saturday, November 7, 2026

9:30 Aquacize -pool
9:30 Building Mobility with Michael - Channel 2491
10:00 Fun Chorus Rehearsal - Chapel
11:00 Tai Chi with Janice - Village Wellness Studio
11:15 Yoga - Wellness Studio via TV
2:00 Aerobics - Wellness Studio
3:00 Chair Volleyball -Village Wellness Studio
3:00 Mahjong- 1st Floor Lounge
6:00 Uno - 1st Floor Lounge
6:30 Village Movie - Chapel

OUR MISSION:

To enrich the lives of the Residents we serve by creating an environment that fulfills their every need—body, mind and spirit.

Midweek Movie:*Lincoln*

The Midweek movie for Wednesday, November 4 at 11:00 a.m. and 6:30 p.m. in the Chapel will be *Lincoln* with Daniel Day Lewis, Sally Field, David Strathairn, Joseph Gordon-Levitt, James Spader. With the nation embroiled in still another year with the high death count of Civil War, President Abraham Lincoln brings the full measure of his passion, humanity and political skill to what would become his defining legacy: to end the war and permanently abolish slavery through the 13th Amendment. This movie is from 2012, rated PG-13 for intense images of war and violence, strong language, and images of carnage and is 2 hours and 29 minutes.

Village Movie: *Entrapment*

Fri.11/06 Sat. 11/07 Sun. 11/08 6:30 p.m. Chapel
Sat. Matinee 11/07 1:00 p.m. Chapel

Director: Jon Amiel
Cast:Sean Connery, Catherine Zeta-Jones, Ving Rhames

Entrapment follows an insurance investigator who goes undercover to catch a master art thief, only to form an uneasy alliance for a daring relic heist. The story blends sleek suspense with themes of trust, deception, and attraction, set against high stakes thefts and millennium intrigue. This movie is from 1999, rated PG-13 for language, violence, and thematic elements and is 1 hour and 53 minutes.

Upcoming Events

Nov. 18 International Mall
Nov. 20 November Birthday, Anniv. and New Residents Celebration

Resident Council Meeting

The Resident Council Meeting is scheduled for Tuesday, November 10. The meeting will take place in the Club Room and will begin at 9:30 a.m. Residents are invited to attend. Before the official meeting starts, attendees are welcome to offer brief comments or ask questions. If you have any question, contact Mary O'Connor at 8359.

iPhone and iPad help

Need help with your cell phone or tablet? The CLEO Club from Palm Harbor University High School will be available to answer questions and provide one-on-one assistance.

- Date: Thursday, November 12
- Time: 2:30 p.m. - 3:30 p.m.
- Location: Club Room

Whether you need help with apps, settings, texting, email, photos, or other device questions, stop by and let these talented students assist you!
We look forward to seeing you there.

International Mall Shopping Trip

On Wednesday, November 18 we will shop at International Mall in Tampa. Christmas is coming and just in time for a shopping trip to pick up that special gift. Lunch will be on your own in the mall. The Village bus will leave at 10:30 a.m. and we will stay at the mall until 2:00 p.m. There are still spots available, call Ellen at 1743.

Toymakers of East Lake Workshop Tour & Lunch at Clear Sky Club Haus

Those Residents signed up to tour the workshop of the Toymakers of Eastlake and see their operation on Wednesday, November 4 and lunch on your own at Clear Sky Club Haus, the bus will leave at 10:30 a.m.

Upper Tampa Bay Conservation Park

Those Residents signed up to go for a picnic in the park on Friday, November 6 we will be at shelter # 3 and there is a $2.00 per vehicle fee payable at a solar powered pay station in the park which uses a credit card or one-dollar bills only if you are driving. The Village bus will leave at 10:00 a.m.

Veterans Day Observance

Join us on Thursday, November 12 at 10:00 a.m. in the Chapel for a special Veterans Day observance honoring those who have served. The program will include Veterans Day presentations and a pinning ceremony, along with a presentation of the colors by our JROTC. Please come and be part of this meaningful tribute. Light refreshments will be served following the ceremony.

Curlew Hills

There are still spots available for the Curlew Hills trip on Wednesday, November 11. Bus leaves at 9:00 a.m. Call Ellen at 1743 if interested.

