



Resident Birthdays:

Joseph Neumeier	Apt. 511	Sept. 15
Rita Purdy	Room 2015	Sept. 16
Elizabeth Cooper	Apt. 525	Sept. 18
Eleanor Pappky	Apt. 544	Sept. 18
Gail Grawunder	Apt. 356	Sept. 19
James Rae	Room 1026	Sept. 19

Men's Breakfast

All St. Mark Village men are invited to our weekly breakfast on Tuesday, September 15 at 8:00 a.m. Our speaker will be Tobin Goulah, Vice President of SMV Finance. Tobin will discuss his responsibilities and answer any questions you may have. We meet in our IL Dining Room and the cost is only \$4. Please put your name on the signup sheet on the Elevator Lobby bulletin board so we'll know that you're coming.

Synchro Belles of Highland Lakes

Come to the pool on Tuesday, September 29 at 2:00 p.m. to see a wonderful synchronized swimming show from the Residents at Highland Lakes. There will even be a visit from the fabulous Synchro Beaus. The pool will be closed for practice for the show from 12:00 p.m. to 2:00 p.m.

Arm Chair Travel

Sit back, relax, and travel from Hawaii to Alaska on Monday, September 14 at 6:30 p.m. in the Chapel. Coast across the diverse American West. Start your journey in Hawaii then return to the mainland and marvel at the Grand Canyon. The road then heads to Yosemite National Park, Redwood National Park, Olympic National Park and then to the Kenai Peninsula. This DVD is from 2009 and is 1 hour and 15 minutes.

Jewelry Repair

David from Classic Jewelers will be here on Monday, September 21 from 10:30 a.m. to 12:00 p.m. in the Hobby Room. If you need a watch battery or have a broken clasp or other repair needs come down, take a number and have a seat.

FEAST Fall Donation Drive

Our fall donation drive to benefit FEAST food pantry will run from Monday, September 14 through Friday, September 25. We will only be collecting checks or cash for FEAST. A Donation Box will be set up in the front entrance of the Administration office for your convenience. Checks made payable to FEAST, and cash donations (in an envelope with your name and apartment number) should be placed in the Donation Box.

Thank you for supporting FEAST!

Francis Wilson Play House

Those Residents with tickets to see the *Wonderful Marvellettes* at Francis Wilson on Saturday, September 19 be in the Lobby ready to go at 1:00 p.m.

Flu & COVID-19 Vaccination Clinic

Independent Living Residents can receive their flu and COVID-19 vaccines from Walgreens on Tuesday, September 22 from 10:30 a.m. to 12:00 p.m. in the Chapel. Consent forms have been placed in Residents' mailboxes. Please indicate your vaccine choice(s) in Section A and return the completed form to the Concierge at the Front Desk by Friday, September 18. Your place is guaranteed once your completed form is received. No appointments are required; vaccinations will be given on a first-come, first-served basis.

For help completing the form, contact Alexis Decurnou at Ext. 1734 or Ann Braga at Ext. 1749.

Roxy's Coffee: Brewing Hope for Rescued Dogs

Roxy's Coffee was founded in 2025 to honor Roxy, a rescued bait dog whose resilience and spirit continue to inspire its mission. More than a Coffee Company, Roxy's Coffee supports the rescue and care of abused and neglected dogs, with a portion of every purchase helping dogs in need. Proudly roasted by Barista's Blend Coffee, each cup features ethically sourced, specialty coffee crafted with quality and care. Join us Wednesday, September 16 from 11:00 a.m. to 1:00 p.m. in the Hobby Room for freshly brewed coffee, a meet-and-greet with senior rescue dogs, and a presentation by Douglas J. Booher, President and CEO of Roxy's Coffee, who will share the inspiring story behind the company's mission.

Calendar of Events

Sunday, September 13, 2026

- 9:30 Building Mobility with Michael - Channel 2491
- 10:00 Sunday Worship - Chapel and 2491
- 3:00 Needle Art - Hobby Room
- 5:00 Poker-5th Floor Lounge
- 6:30 Village Movie - Chapel

Monday, September 14, 2026

- 9:30 Building Mobility with Michael - Channel 2491
- 10:00 Strength Class-Village Wellness Studio
- 10:00 Menu Chat - IL Dining Room
- 11:00 Sittercize - Village Wellness Studio
- 12:45 Card Shop - Library
- 1:00 Art and Soul - Village Wellness Studio
- 1:00 Wellness Clinic - 2nd Floor Nurse's Office
- 1:00 Bus to Publix - every 30 minutes
- 2:00 Trivia- Club Room
- 2:00 Balance Class - Village Wellness Studio
- 6:30 Movie - Chapel
- 6:30 Shuffleboard - Courtyard

Tuesday, September 15, 2026

- 6:30 Vista Lab - 2nd Floor Nurse's Office
- 8:00 Men's Breakfast - IL Dining Room
- 9:30 Choice Hearing Solutions - 2nd Floor Nurse's
- 9:30 Building Mobility with Michael - Channel 2491
- 9:30 Aquacize -pool
- 10:00 Yoga - Village Wellness Studio
- 12:15 Doc Talk - Chapel
- 1:00 Step Aerobics- Village Wellness Studio
- 1:00 Wellness Clinic - 2nd Floor Nurse's Office
- 1:00 Bus to Bealls and Marshalls - Bus
- 6:30 Dominoes - 2nd Floor Lounge
- 6:30 Mahjong - 3rd Floor Lounge

Wednesday, September 16, 2026

- 9:30 Building Mobility with Michael - Channel 2491
- 10:00 Just Ask Jeff- Club Room
- 10:00 Strength Class-Village Wellness Studio
- 11:00 Sittercize - Village Wellness Studio
- 11:00 Midweek Movie - Chapel
- 11:00 Roxy's Coffee - Hobby Room
- 12:45 Card Shop - Library
- 1:00 Wellness Clinic - 2nd Floor Nurse's Office
- 1:00 Sanders - Hobby Room
- 1:00 Aerobics - Village Wellness Studio

Wellness Clinic

The Wellness Clinic is open Monday - Friday between 1:00 p.m. and 2:00 p.m. for blood pressure checks, first aid and general health-related questions.

Menu Chat

Menu chat with Kyle is at 10:00 a.m. in the IL Dining Room every Monday, except the 1st Monday of each month.

Piano Music

Join Beth in the South Hall on Tuesday, September 22 from 6:30 p.m. to 7:00 p.m. as she plays piano music.

Choice Hearing Solutions

Come to the 2nd Floor Nurse's office on Tuesday, September 15 at 9:30 a.m. for a Hearing Clinic from Choice Hearing Solutions. There will be a sign up sheet set up on Monday, September 14 in front of the Library. Individual consultations and in-home hearing testing are also available should the need arise. Call (727) 807-7082.

Just ask Jeff

Come to the Club Room on Wednesday, September 16 at 10 a.m. for any questions to ask Jeff.

Travel Club with Jen of Cruise Planners

Come to the Hobby Room on Tuesday, October 7 from 9:00 a.m. to 11:00 a.m. to meet and plan with Jen of Cruise Planners, your land and cruise expert. She will take the worry out of travel and talk about trips for next year and other ideas you may have. Come join Jen for fellowship, food and fun!

Book Marks Book Club

The next meeting of the Book Marks Book Club will be Thursday, September 17 at 1:00 p.m. in the Club Room. All are welcome! Any questions call Jeanne # 8645.

(continued next column)

THE
Lively Mark

For the Residents of St. Mark Village
Jeff Gorddard, CEO
Editor: Ellen Wade
Designer: Kim Oaks

Wednesday, September 16, 2026

- 2:00 Chair Volleyball- Village Wellness Studio
- 3:00 Balance - Village Wellness Studio
- 3:00 Compline and Prayer service- Chapel
- 6:30 Rummikub - 4th Floor Lounge
- 6:30 Midweek Movie- Chapel

Thursday, September 17, 2026

- 9:30 Building Mobility with Michael - Channel 2491
- 9:30 Roman Catholic Communion - 4th Floor Lounge
- 9:30 Aquacise - Pool
- 10:00 Yoga - Village Wellness Studio
- 1:00 Aerobics - Village Wellness Studio
- 1:00 Book Marks Book Club - Club Room
- 1:00 Bus to Publix - every 30 minutes
- 1:00 Wellness Clinic - 2nd Floor Nurse's Office
- 1:00 Pinochle - 3rd Floor Lounge
- 2:00 iPad and iPhone help - Club Room
- 2:00 Line Dancing - Village Wellness Studio
- 7:00 Bingo - Club Room

Friday, September 18, 2026

- 9:30 Building Mobility with Michael - Channel 2491
- 10:00 Crafts - Hobby Room
- 10:00 Yoga - Village Wellness Studio
- 11:00 Sittercize - Village Wellness Studio
- 11:00 Bible Study - Verse by Verse - 4th Floor Lounge
- 12:15 The Vision Group - 3rd Floor Lounge
- 12:45 Card Shop - Library
- 1:00 Wellness Clinic - 2nd Floor Nurse's Office
- 1:00 Cribbage - 5th Floor Lounge
- 2:00 31 card game - Hobby Room
- 2:30 Birthday, Anniversary and New Resident - Chapel
- 6:30 Canasta - 5th Floor Lounge
- 6:30 Village Movie - Chapel

Saturday, September 19, 2026

- 9:30 Aquacize -pool
- 9:30 Building Mobility with Michael - Channel 2491
- 10:00 Fun Chorus Rehearsal - Chapel
- 11:00 Tai Chir with Janice - Village Wellness Studio
- 11:15 Yoga - Wellness Studio via TV
- 1:00 Frances Wilson Play House - Lobby
- 1:00 Village Movie Matinee - Chapel
- 2:00 Aerobics - Wellness Studio
- 3:00 Chair Volleyball -Village Wellness Studio
- 3:00 Mahjong- 1st Floor Lounge
- 6:00 Uno - 1st Floor Lounge
- 6:30 Village Movie - Chapel

OUR MISSION:

To enrich the lives of the Residents we serve by creating an environment that fulfills their every need—body, mind and spirit.

Midweek Movie: *Multiplicity*

The Midweek movie for Wednesday, September 16 at 11:00 a.m. and 6:30 p.m. in the Chapel will be *Multiplicity* with Michael Keaton, Andie McDowall, Harris Yulin, Richard Masur, Eugene Levy. Doug Kinney (Michael Keaton) is a busy construction worker struggling to make time for his family and his demanding job. When a scientist offers to clone him, Doug accepts and spawns a slightly more macho version of himself. He decides to create a second clone, but this sparks a series of duplications when his second clone begins to feel overwhelmed. Doug attempts to manage his many clones while trying to keep his wife (Andie MacDowell) in the dark. This movie is from 1996, rated PG-13 for language, thematic elements and is 1 hour and 57 minutes.

Village Movie: *Strangers in Good Company*

Fri.09/18 Sat. 09/19 Sun. 09/20 6:30 p.m.
Chapel

Sat. Matinee 09/19 1:00 p.m. Chapel

Director: Cynthia Scott

Cast: Alice Diabo, Beth Webber, Contance Garneau

This is a must-see movie. A busload of women becomes stranded in an isolated part of the Canadian countryside. As they await rescue, they reflect on their lives. This movie is from 1990, rated PG, and is 1 hour and 45 minutes.

Upcoming Events

Sept. 22	Resident Council Meeting	Club Room
Sept. 25	Village Forum	Club Room
Sept. 29	Synchro Belles	Pool
Oct. 5	Alterations & Sewing	Hobby Room
Oct. 7	Travel Club	Hobby Room

Ruth Eckerd Hall Matinee Shows

The Ruth Eckerd Hall Matinee Shows for 2027 are now available. St. Mark Village has picked 5 out of the 10 shows. Each show is \$39.00 for a total of \$195.00. Here are the shows:

Sunday, January 17, 2027 at 1:00 p.m. Tribute to Michael Jackson

Sunday, February 7, 2027 at 1:00 p.m. Tribute to Jimmy Buffet

Sunday, February 21, 2027 at 1:00 p.m. The Bronx Wanderers

Sunday, March 7, 2027 at 1:00 p.m. Tribute to the Bee-gee's

Tuesday, March 14 at 1:00 p.m. 118 years of Broadway

If interested in this series please sign up and pay by check in the Hobby Room and all 5 shows must be purchased. Transportation will be provided for the shows and we need 7 people to make this a go. You have until September 23 to purchase your tickets. Checks can be made payable to Ruth Eckerd Hall and there will be no refunds after September 23. The Village bus will leave at 12:10 for all shows.

Village Forum

The Village Forum will be in the Chapel on Friday, September 25 at 10:00 a.m. All are welcome.

Resident Council Meeting

Resident Council Meeting is scheduled for Tuesday, September 22. The meeting will take place in the Club Room and will begin at 9:30 a.m. Residents are invited to attend. Before the official meeting starts, attendees are welcome to offer brief comments or ask questions. If you have any question, contact Mary O'Connor at 8359.

iPhone and iPad help

Thursday, September 17

☐ 2:00 p.m. – 3:00 p.m.

☐ Club Room

Having trouble with your iPad or iPhone? Bring your device and your questions!

Dale will be here to provide one-on-one assistance with:

- Settings and features
- Email and apps
- Troubleshooting issues
- General iPad and iPhone questions

Everyone is welcome. We look forward to helping you get the most out of your device!

Doc Talk

We invite you to join us in the Chapel on Tuesday, September 15, at 12:15 p.m. for a special Doc Talk featuring the Curana Health team. As St. Mark Village's on-site physician clinic, they are committed to helping Residents stay healthy and well. Come learn more about the services available to you right here on campus and have your questions answered.

Introducing the Brain Café!

Connect. Learn. Move. Grow.

The Brain Café, a concept created by the Teepa Snow Foundation, brings our community together for meaningful conversation, engaging activities, movement, and learning about brain health and dementia. Everyone is welcome! Residents of all levels of care, families, friends, and members of the greater community are invited to join us for this monthly gathering.

Bishop Club Room

October 16 • 7:30 a.m.

October 30 • 6:30 p.m.

Come learn, move, connect, and enjoy time together in a welcoming environment. We hope to see you at the Brain Café!

